

**Yes! Please send me my  
FREE Lease Rewards®  
Program Card!**

Please fill out the following information  
to receive your FREE card:

Customer's Name:

Name to be Printed on Card:

(Place Address Label Here) or Print Address:

Account Telephone Number:

(     )

Would you like a vitamin catalog with  
big savings on vitamins, nutritional  
supplements and personal care items?

YES      NO

Please cut out this section along the dotted line  
and place in the return envelope with your bill.

You will receive your Lease Rewards®  
Program Welcome Kit  
within 10 business  
days. Please allow  
up to four weeks  
for the vitamin  
catalog.



**LEASE**  
News & Views  
Winter 2013

**To Your Health!**

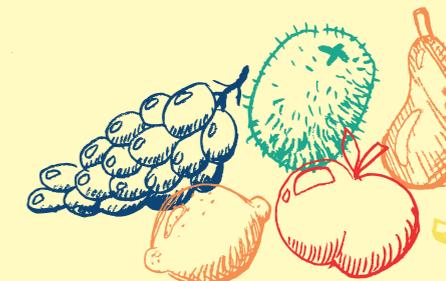


**Look inside  
for  
healthy  
tips!**

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**Staying in Touch**  
from Kathy Sullivan



Like many of you, I often think about ways to improve my health and live a healthy lifestyle. There are so many little things we can do to stay healthy. No matter the season, getting regular checkups for hearing and vision, eating right, and managing our vitamins and prescriptions is a year-round commitment we must make to ourselves. At QLT, we'd like you to consider us your partner in your care and your overall well-being. Our Lease Rewards® Program can be part of your plan to achieve a healthier lifestyle.

Take advantage of our popular and **FREE** Lease Rewards® Card available to you just for being a valued customer. Getting started is just a phone call away at **1 (888) 831-4311** or by signing up with the attached form in this issue of *Lease News & Views*. Our Lease Rewards® Program is an invaluable plan that saves you money on prescription drugs and vitamins, supplements and personal care items, as well as vision and hearing care. So keep us in mind as you achieve your healthy lifestyle. We are here for you!

It is always so wonderful to hear from you. I'd like to share a recent comment from a valued customer:

"I've been with you for several years and couldn't be happier with my phone and Caller ID! If anything goes wrong with them, I call you and have the new one at my door the very next day. Incredible! Seems like you have your business in my same town." – Mrs. Cluff, AZ

Sincerely,

*Kathy Sullivan*

Kathy Sullivan  
CEO  
QLT CLS

**Drop us a line with any questions or comments! We would love to hear from you!**

Denise Morrison  
QLT Consumer Lease Services  
3 Wing Drive, Suite 100  
Cedar Knolls, NJ 07927

Or, if you prefer, you may email Denise at [info@qltcls.com](mailto:info@qltcls.com).



## Healthy Living Puzzle

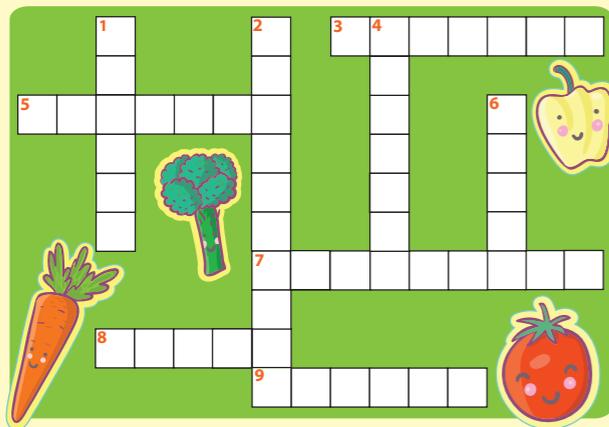
In addition to getting regular exercise, crossword puzzles are a great cognitive workout. Keep your brain healthy with this fun puzzle!

### ACROSS

- 3 Full of vitamin A and a favorite of Bugs Bunny.
- 5 This is one low impact way to increase your circulation and reduce osteoporosis.
- 7 This dark pea is full of protein and complex carbohydrates, as well as good luck if you are from the South!
- 8 The healthiest kind of bread is made with \_\_\_\_\_ grain.
- 9 Too much of this can negatively impact your blood pressure and overall health.

### DOWN

- 1 Low in calories and rich in omega-3 fatty acids, this protein is delicious smoked.
- 2 Half of your plate should be made up of fruits and \_\_\_\_\_.
- 4 Two and a half hours of this physical activity is recommended each week.
- 6 Three cups of this type of food daily is recommended to improve bone health for those 51 and older.



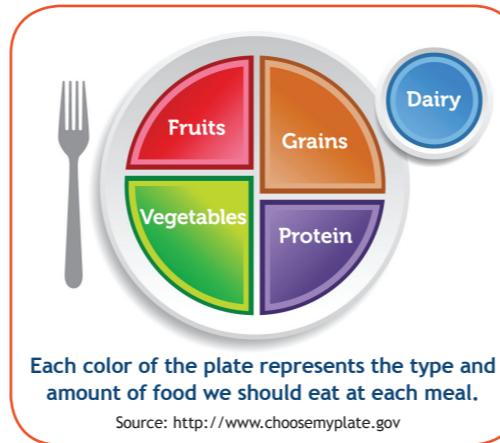
ANSWERS: DOWN-1 salmon, 2 vegetables, 4 aerobic, 6 dairy  
ACROSS-3 carrots, 5 walking, 7 blackeyed, 8 whole, 9 sodium

## Tips for Healthy Living

Staying on top of our health care is an important part of living a healthy lifestyle. To look and feel our best, we must eat right, get regular vision and hearing checkups, keep up with our prescriptions and consistently take vitamins. And the good news? The *Lease Rewards*® Program can save you money in all those areas and, as a valued customer, you are already eligible. Let QLT and the *Lease Rewards*® Program help you add life to your years.

### Healthy Eating

Our diet is the best place to start to achieve a healthy lifestyle. The old food pyramid was recently replaced by new guidelines, which help us understand the types of foods we should eat at each meal. The new representation of healthy eating is a colorful plate with divided sections of fruit, vegetables, proteins, grains and dairy. This plate also helps us visualize the amount of food we should be eating in each category to help us with portion control.



### Vitamins Keep Us Healthy

As we age, we do not absorb nutrients as well as we did in our younger years. And, as hard as we try, we don't always get all the nutrients we need from the food we eat. Regularly taking vitamins is another way we can look and feel our best. Did you know that vitamins containing antioxidants, beta-carotene, zinc, vitamin C and vitamin E can slow certain types of macular degeneration? Enjoy the benefits your

*Lease Rewards*® Card provides with discounts on vitamins, supplements and personal care items that can save you 25% to 50% and enjoy convenient home ordering and delivery.

### Cherish Your Vision and Hearing

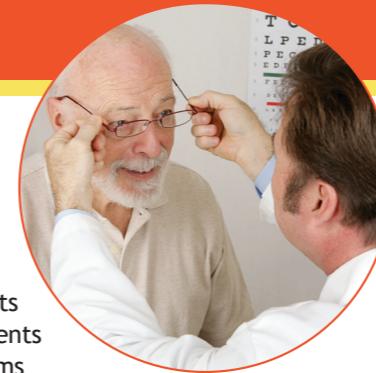
Sometimes we take our senses for granted. Protect your vision and hearing by eating right and getting regular checkups. Your *Lease Rewards*® Card is your ticket to saving 10% to 20% on hearing aids and hearing care products and services. And for vision care, you will save 20% to 60% on frames, prescription lenses, coatings and contact lenses.

### Prescriptions You Need

Doctors often prescribe medications to improve our quality of life or reduce the risk of illness. If you are one of these people, the *Lease Rewards*® Card may help lessen the cost of your medications. You could save up to 60% at participating providers! Be sure to work with your health care professional to understand the correct dosages and

timetables for your medications so you can feel your absolute best.

Whatever steps you take to improve your health, our valuable *Lease Rewards*® Program is your companion to help you stay healthy while saving you money. Take advantage of how it can help contribute to your overall good health and provide you with a new lease on life.



## Staying Healthy with the Lease Rewards® Card!

As your partner in good health, we'd like to offer you our **FREE** *Lease Rewards*® Card just for being a valued customer. These worthwhile programs will help you look and feel your best all year long! The *Lease Rewards*® Card is accepted at large and small retailers across the country, including the national stores listed below.

### Vision Care Centers:

PEARLE VISION JCPenney Sears  
Plus More

Save  
20% to  
60%

### Hearing:

Hear USA Participating Providers.  
Call us for locations closest to you.

Save  
10% to  
20%

### Pharmacies:

PUBLIX CVS Target  
Plus More

Save  
20% to  
60%

### Vitamins, Supplements & Personal Care Items:

Available via mail order. Request your catalog when you request your card.

Save  
20% to  
60%

## DON'T WAIT! GET YOUR CARD TODAY!

Simply fill out the application on the reverse side and mail it in with your bill payment. If you prefer, you may sign up over the phone at

1 (888) 831-4311,

Monday through Friday 8 am - 8 pm (ET).

\* *Lease Rewards*® Program Services are provided by Coverdell & Company, Inc. *Lease Rewards*® and Save Money, Not Points! SM are service marks of QLT Consumer Lease Services, Inc. The *Lease Rewards*® Program is not insurance, is not associated with Medicare and cannot be combined with any insurance, prescription plan or other discount or promotional offers. QLT Consumer Lease Services, Inc. makes no representations, warranties or guarantees as to the quality of the Coverdell service offers, and has no involvement in the design, manufacturing or provisioning of such offers.